



Upcoming Events

General Meeting Feb 5/25 Nickel City HoteL 6:00pm
Executive Meeting Feb 10/25 Hilton Garden 6:00pm
General Meeting March 5/25 Nickel City Hotel 6:00pm
Executive Meeting March 17/25 Hilton Garden 6:00pm
General Meeting April 2/25 Nickel City Hotel 6:00pm
Executive Meeting Apri21/25 Hilton Garden 6:00pm
General Meeting May 7/25 Nickel City Hotel 6:00pm Member Appreciation Night
Executive Meeting May19/25 Hilton Garden 6:00pm

President's Report

Connie Zwarich

Here I sit all wrapped up to keep warm in these crazy cold temperatures. Thinking ahead to the warmer weather when I will be complaining about how hot it is. Go figure! If only it would moderate a bit. Oh well, I am a northern girl and have lived with it all my life. Personally, I would not trade it for warmer climes.

Thankfully the postal strike is over, and members will be again receiving their newsletters. It is so important that you renew your membership when you receive your notice.

Our January meeting was January 8th. The first Wednesday was News Years Day. Didn't think many would want to venture out that day. We had 15 members and 1 guest in attendance. Again, Kim and her sister served up a wonderful meal of ham and scalloped potatoes and I remembered to bring the cake.

Angela the Executive Director from Independent Living Sudbury Manitoulin(ILSM) was our guest speaker. ILSM has been in existence for 21 years. They are striving to

give a new perspective on persons with a disability. The ILSM acts as a resource centre for members. There are approximately 37,00 persons with a disability in Sudbury. Currently 500 are members. They pay a minimal yearly fee and, in that way, they have a voice in what is done.

They are looking to develop an affordable housing complex hopefully with 30 units.

Angela expressed her heartfelt thanks for our donation of \$5000 which was done just before Christmas. They have purchased a large commercial type refrigerator which now allows them to stock more perishable items which they use to fill the lunch bags they distribute to the needy.

We meet again February 5th at the Nickel City Hotel. February's dinner will be porkchops and roasted potatoes with veggies, salads and buns. Stephanie will

be calling you. If she leaves and message and you do not reply, we will assume you are not coming. It is extremely important we give our caterer an accurate head count.

Stephanie's number 705 677-9833

Members behaved themselves so well our Sheriff's pot was only \$4.00 so it is carried over to the next meeting. Chase the Ace was not won and that adds \$16.00 to the pot. Come out for a chance to win it. Mark your calendars and plan to attend.

Happy Valentine's Day to all.



Don Delongchamp, Brenda Nelson, Theresa McLean, Doug Honeyford, Lori Khoury

Membership Report

Doug Honeyford

The mail strike certainly disrupted a great number of things. One very important one was the annual Membership renewal notices and right now there are a significant number of overdue members.

Please check your renewal and if you are due, please do an e transfer, or get a cheque in today, every council member is important, and we cannot do our wonderful work without you. A significant portion of the \$50 we all pay enables us to serve the communities where we live.

If you are uncertain about your dues, please call Doug Honeyford 705-690-6890 today.

How to pay your membership:

Cheque or money order payable to:

A.C.T./UCT Dominion Regional Council, 86 Livingston Close, Red Deer, Alberta, T4R 0S8

Or

You can send an Interac e-Transfer to actuct31treasurer@gmail.com

Ham Report 2024

Thanks to everyone who did a superb job with our Ham Sales this year. Special thanks to our Committee members Dave Carnes, Don MacDonell, Gil Hartley and our out of town team Wayne McCuaig, Norm Pellerin, and the Thunder Bay Council. Please let me know if you would like to help lead the way in 2025, we really could use more help.

Doug Honeyford 2024 Chairman



We are always looking for new Bingo volunteers. It is an easy job. Only 2 hours. You pick up the discarded Bingo sheets after each game, call back the winner's card number, and act as an ambassador for our club.

Before you can volunteer you must do an online training. It takes an hour at the most. Then you work with a trained volunteer for your first Bingo. We average about \$1500 per Bingo. Not bad for 2 hours of work.

Training Link:

www.charitablegaming.com/volunteer-training

February Birthdays

Feb 11 DARLENE M KIDD

Feb 14 JUDITH MATTE THOMPSON

Feb 22 RICHARD R PELLERIN

Feb 23 BRENDA L BROWNLEE

Feb 24 JOHN E CARREY

Humour

Love: A temporary insanity curable by marriage.

True love comes quietly without banners or flashing lights. If you hear bells, get your ears checked.

The brain is the most outstanding organ. It works 24/7, 365 from birth until you fall in love.

All my wife wanted for Valentine's Day was a little card — American Express.

Love is grand; divorce is a hundred grand.

I love being married. It's so great to find that one special person you want to annoy for the rest of your life.

Love is blind — marriage is the eye-opener.

You know that tingly little feeling you get when you like someone? That is your common sense leaving your body.

And finally

Love means nothing in tennis, but it's everything in life.

General Meeting

Usually the first Wednesday of EACH month

Monthly Executive Meeting

Usually the third Monday of EACH month

Sudbury Office

PO Box 2836, Stn. A Sudbury, ON P3E 5J3 Email: info@uctsudbury.ca www.uctsudbury.ca

UCT North America

A.C.T./UCT Dominion
Regional Council
86 Livingston Close
Red Deer, Alberta T4R OS8
www.actuct.com

2023-2024 LOCAL OFFICERS

PRESIDENT

Connie Zwarich

969-8496

PAST PRESIDENT

Don Delongchamp

690-1811

VICE PRESIDENT

Don MacDonell 691-5446

SECRETARY

Theresa MacLean 673-2015

TREASURER

Dave Carnes 222-0369

CHAPLAIN

Tracey Urso 560-6681

DIRECTORS

Doug Honeyford

Home 688-0515 Cell 690-6890

Tracey Urso 560-6681

John Roy 674-3722

John Varney 674-1060

DIRECTORS AT LARGE

Jerry Giff 698-7502

Gil Hartley 969-5476

Wayne McCuaig 942-3338

Norm Pellerin 474-3523

MEETING CALLER

Stephanie Frazier 677-9833