



THE ORDER OF UNITED COMMERCIAL TRAVELERS

"People Helping People"



SUDBURY COUNCIL 1051 • OCTOBER 2015

*Where Community
and Compassion Unite*

2015-2016 LOCAL OFFICERS

PRESIDENT

Loretta Clipperton Carnes

HOME 222-0369 WORK 222-2369

VICE PRESIDENT

Don MacDonell 586-6834

IMMEDIATE PAST PRESIDENT

Doug Honeyford

525-7777 • Fax 675-6278

SECRETARY

Connie Zwarich 969-8496

TREASURER

Suzanne Fortin 673-2000

EXECUTIVE COMMITTEE

John Varney 674-1060

Wayne McCuaig 942-3338

David Carnes 675-2222 ext. 207

or 1-800-265-2327

CHAPLAIN

Tracey Urso 560-6681

DIRECTORS AT LARGE

Ron Netherton 566-4727

Gil Hartley 969-5476

Jerry Giff 673-4299

Jack St. Louis 566-7633

Bert Depres

Don DeLongchamp 675-8420

George Faulkner 586-9793

Gil Charette 688-2381

Michael LePage 524-7882

President's Message - Loretta Carnes

Happy Fall everyone. We have had a great summer and now are ready to get back to business.

October is International Lupus Awareness Month and we are honoured to celebrate with Sudbury members of Lupus Ontario.

Our October meeting will be held on MONDAY October 5th at the Steelworkers Hall on Brady Street. We have changed the meeting to accommodate our guest speaker. We are honoured to have Dr Haaland attend this meeting.

The relationship of ACT/UCT Ontario and LUPUS goes back to the early 80's and over the years we have provided thousands and thousands of support dollars. They have been, and continue to be our Provincial Charity and through the efforts of our members we sponsor the Geoff Carr Fellowship which annually provides funding for a Doctor to research and study and concentrate his or her efforts on the causes and cures of this difficult ailment. Dr. Derek Haaland is a Fellowship recipient and to his knowledge the first Canadian to win this coveted international fellowship award.

October, November and December meetings will not be held at the Trevi and therefore require an RSVP for attendance so we can advise caterers in advance as to numbers attending. Please contact the meeting co-ordinator to ensure you are registered for these meetings.

For the October meeting, please RSVP to Loretta@Carnes.ca 705-222-2369 (Work) 222-0369 (Home)

Health Benefits of Volunteering

Excerpts taken from an article by Malia Jacobson in The Costco Connection July/August 2015

Research shows volunteering brings benefits for all age groups.... It seems most beneficial to adults over 65 and individuals with health problems. Older adults who volunteer are healthier and happier. Moderate levels of volunteering are associated with lower blood pressure and fewer hip fractures.

Now isn't that a good reason to come out and volunteer with us!

FOR INFORMATION AND EVENTS GO TO
www.act-uct.com

If you don't see colour, you're not on our Email List.

Thanks to the Membership!!! - Jerry Giff

As another busy year in your Council gets underway it is important to reflect on what has made this Council so successful. Established in 1943 we are into our 73rd year of operation. We are the largest membership within the ACT/UCT region with 185 members. The quantity of annual delegates to our Regional convention is dictated by our membership numbers; we are the only Council within our Region that qualifies for two voting delegates to attend! Over the last several years we have received a multiple of accolades for our Newsletter both nationally and internationally as the best in all of UCT. The Gold Medal of Honour for our community work has been annually awarded to the Sudbury Council at least ten times in the last fifteen years. The years we did not receive Gold had nothing to do with not being involved in our community, but not achieving one of the conditions of a plus one in membership year over year. That is another great reason for renewing your membership each and every year.

We must have a special thank you to those members that have continued to support the Sudbury Council for over 50 years of which there are quite a few. Without your continued support over the years this Council would not be in a position to support the many community events and charities that we do each year. Whether we are sending a “kid to camp” for the Sudbury Manitoulin Children’s foundation, supporting the House of Kin or Lupus Sudbury, assisting L’Arche Sudbury with their annual spaghetti dinner or providing a donation to a world class facility at Maison Vale Hospice, it is your membership and support that makes the difference each and every year. Did you know that over the last 30+ years, your Council and you, have donated over \$1.5 million to charitable works in the Sudbury community??? Now that is something we can all be very proud.

We often neglect to reflect on our success and say “thank you” to the members that work diligently year round to make it all happen. Whether you are one of the active members or one who lives in distant cities

we say thank you for your participation and dedication to our organization. We look forward to seeing you at our next meeting.

Here are our 50 year + members

50 years Claude Lacroix Robert Sullivan
51 years Joe Rumleski Albert Bertolo Wilbert Foster
52 Years Roger Alary John Nelson
53 Years I Simeoni Joe Wilcox
54 years Glen Fowke
55 years Gordon Ward Fern Levesque J Longlade
56 years Edward Bednis
58 years Ben Ethier
61 years Alistair Gancher Andy Mantha
62 years Roland Clements
63 years Reg Donaldson
65 years John Aymar

Upcoming Events

October 5	General Meeting Steelworkers Hall 6:00 pm
October 21	Executive Meeting Trevi 6:00 pm
November 5	General Meeting Lockery Legion 6:00 pm
November 18	Executive Meeting Trevi 6:00 pm
December 3	General Meeting Steel Workers Hall 5:30
December 5	Christmas Dance Steel Workers Hall 5:30
December 10	Executive Meeting Trevi 6:00 pm
January 7	General Meeting Trevi 6:00 pm

September Meeting - Connie Zwarich

September's meeting was held at the Trevi on Thursday September 1st. We had a full house with 22 members and 1 guest. It was called to order at 6:05 followed by the singing of O Canada and a toast to the Queen. Grace was said by our Chaplain Tracey Urso. Members introduced themselves.

Committee Reports – Bingo is doing well. We received the \$5000 from the Torch Run Activities. Three members worked a booth for the OLG at Ribfest and earn extra funds.

Membership – Doug Honeyford announced the membership challenge for bring in a new member or a lapsed member. We hope to increase our numbers to 200 this year.

Hams – We will be selling hams again this year. The price remains at \$25.00 and we can order up to the end of November. This is a major fundraiser so get out and sell those hams. Let Farmers Gil, Joe or Jerry know how many you are selling so they can keep our supplier informed. If you need Point of Sale materials see Joe. They will need assistance with delivery. If you can help call the Farmers.

Adopt a Road will go September 19th 9:00 am in Copper Cliff.

Golf- Shirley Long and Don Delongchamp were thanked for all their work on our golf tournament.

Guest Speaker – Mike LePage introduced our guest speaker, Chantal Fillion, President of our local Cystic Fibrosis chapter. She explained that 1 in 25 are carriers of the CF gene. Locally there are 25 pediatric and 42 adult cases. We have the only CF clinic in all of Northern Ontario. All funds donated stay here in the north.

Chantal then introduce Jamie Lafontaine who is living with CF. She is a double lung transplant recipient. Her talk detailed her life with CF. She is a very inspiring and courageous woman.

Loretta Carnes thanked both the speakers and presented them with our token A.C.T./UCT pen.

Membership Contest...How Lucky Can You Get! - Doug Honeyford

Sudbury Council 1051 wants to hit 200 Members. We all know the more Members we have, the more great things we can do. To help get your interest, for every New Member you sign up you receive a ballot. The winner will be drawn at the April General Meeting. The re-signing of Members who have been lapsed for 12 months also gets you one a ballot. The Winner gets a cool \$100. Everyone else gets a big Thank You. Another ballot will go into a draw to be held in Edmonton at next May's Regional Conference. That Draw is for \$250. Your recruiting efforts can net you a cool \$350 reward, plus the UCT Gift Card Credits. It pays to help us GROW. For details contact Doug at 705 525-7777



Adopt A Road was held September 19th.

December Meeting

- Tracey Urso

Dust off your Santa hat, hitch up your sleigh and join your fellow travellers on Thursday December 3 for our Christmas theme meeting. The meeting will be at the Steelworkers Hall with cocktails starting at 5:30 and dinner at 6:00. Don't forget your gift of \$10.00 for the gift exchange. Tickets for the meeting are \$25.00 and must be purchased in advance. They will be available at the October and November general meetings or call Tracey Urso at (705)560-6681.



House of Kin Golf Tournament

Santa Shuffle

- Tracey Urso

Once again we will be putting a team of walkers into the Santa Shuffle on Saturday December 5, 2015. Contact Tracey Urso at (705)560-6681 for more information and to sign on as a "Travelling Shuffler"

Christmas Dance

- John Varney

The annual Christmas dance for members, guests and guest companies will be held on Saturday 5 Dec 2015. Please plan to attend. Come as an individual, a couple or why not invite a few friends and have your own table. Tables of 8 or 10 (or less) are available for reservation. If you know of a small business that is looking for a party, then this is the place. Let me, Connie or Len Zwarich know and we can follow up. Please see flyer for details or call me at 705 674 1060 or Connie or Len at 705-969-8496.

October Birthdays

Oct 01	JERRY GIFF	Oct 18	RON LAFOREST
Oct 02	DALE HARTLEY	Oct 19	CLAUDE GIROUX
Oct 03	MAURICE GAUTHIER	Oct 21	JOHN MCCUSKER
Oct 09	JOHN AYMAR	Oct 23	JOHN SANDERS
Oct 13	ALAN ARKILANDER	Oct 24	PAT NIRO
Oct 16	ARTHUR BERTOLO	Oct 27	CONNIE ZWARICH
		Oct 27	TED CULHANE

General Meeting

Usually the first Thursday of Each month
Trevi

Monthly Executive Meeting

Usually the Second Wednesday of Each month.

Sudbury Office

PO Box 2836, Stn. A,
Sudbury, On P3E 5J3
Email: sudbury@act-uct.com
www.act-uct.com

Head Office Calgary

901 Centre St. N Rm 300
Calgary, Alberta T2E 2P6
1-800-267-2371 www.uct.org

Columbus Ohio

1-800-848-0123

CAN WE PLAN YOUR Christmas Party?

Perfect for your staff get together

**UNITED STEEL WORKERS HALL - BRADY ST.
SATURDAY, DECEMBER 5TH, 2015**

5:30 Cocktails • 6:00 Hot and Cold Buffet • Music by DJ

Door Prizes and Spot Dances

Reserved seating upon requestYour Party within a Party!!
Tickets \$98.00 Couple / \$49.00 Single

Buffet Features

Rolls and Bread
Caesar Salad
Potato Salad
Pasta Salad
Crudites & Dip
Potato & Vegetables
Pasta with Tomato Sauce
Ontario Turkey & Stuffing
Carved Whole Hip of Beef
Dessert Table

Contact

John Varney 705.674.1060 or jvarney@eastlink.ca
Ron Netherton 705.566.4727 or bss@sympatico.ca


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A.C.T. / UCT
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 THE UNITED COMMERCIAL TRAVELERS OF AMERICA

P.O. BOX 2836, STATION A, SUDBURY, P3A 5J3
 emailto:act@carnes.ca



CHRISTMAS HAMS FUNDRAISING

Eat Ham for Christmas or even New Years for that matter. As a Fundraiser we will again be selling Black Forest Hams. The Hams are 2KG (4.4 lbs) and sell for \$25.00

They make excellent gifts for Friends, Work associates and Company Bonuses.

The final date for ordering your Hams this year is Nov 27th, and delivery to commence on Nov 30th. We will only be ordering Hams that have been pre-sold and the seller is responsible for collecting monies and delivery

Any questions can be directed to:

Farmer Gil Hartley 969-5476
Farmer Joe Wilcox 566-4084
Farmer Jerry Giff 673-4299

Note: As orders are confirmed, please keep Gil or Joe up-to-date with numbers sold. Please do not hold orders until the last minute, as production needs the numbers.



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CHRISTMAS HAMS FUNDRAISING

Name	
Address	
Telephone	
Payment Type	
Num. Ordered	@ \$25.00 = Total
Seller Name & Phone #.	

NOTE : Last day to order is November 27th. Deliver starts November 30th.

People Helping People Since 1888

IT PAYS TO BELONG TO COUNCIL 1051



A.C.T. / UCT SUDBURY COUNCIL 1051

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**ACT / UCT 2015 Ontario Curling Bonspiel
Coniston Curling Club Nov.13,14,15**

Registration & Fee Includes

- *Friday night Welcome reception (Nov.13)
- *Curling Saturday & Sunday 4 to 6 games (6 end games)
- *Banquet dinner Saturday night
- *Welcoming Bootle Bag

Rooms at Howard Johnson Hotel(\$89/night/double room)

Note: Call hotel direct for reservation (705) 675-5602

Ref: (ACT curling) please book by Oct.15th 2015

Team Registration

Name Skip _____ Tel: _____

Team Entry FEE: \$320.00

Please phone in entry to Bob Neault 705-840-9555

Don Delongchamp 705-690-1811