



THE ORDER OF UNITED COMMERCIAL TRAVELERS

"People Helping People"



SUDBURY COUNCIL 1051 • MAY 2015

*Where Community
and Compassion Unite*

2015-2016 LOCAL OFFICERS

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President's Message - Loretta Carnes

It looks like spring has finally arrived. The robins and the snowbirds have returned.

April has been a busy month for our local council. The guest speaker at our April meeting was Hugh Kruzell, Chair of the local chapter of CARP. Hugh's presentation was entertaining and informative. CARP is no longer limited to retired persons but their membership is open to anyone regardless of age.

The Provincial Conference was attended by George Faulkner as our delegate, Jerry Giff, Don MacDonell, Dave Carnes and Len and Connie Zwarich as observers. More details will follow in our May newsletter.

Speaking of May --- Have you heard about Pin Night – May 14th. This year's event is being held at the Holiday Inn on Regent Street. Cocktails at 5pm, Dinner at 6pm \$30.00 per person – advance registration is required as this is a catered event! The Holiday Inn has recently been renovated and has added Chef Stuart Raymond (former owner of Simon's) to their team. I am sure you will not be disappointed with the dinner.

We are delighted that Sgt (ret) Steven Daniel will be our guest speaker for the evening. Check out his bio in this newsletter. He is a veteran who served four tours of duty and he is a Paralympian. Some of you will remember Steven as the skip of the Sudbury Wheelchair Curling team that won the 2011 Provincial Silver medal. Steven left the team to attend the Northern Ontario School of Medicine. He will be graduating this June.

Scholarships - Loretta Carnes

Our local council offers up to two \$1000 Scholarships annually to Club member's dependents. Applications are due by June 15th and are available on our website <http://www.act-uct.com> or by contacting Dave Carnes - dave@carnes.ca

Our Council supports annual Bursaries at Laurentian University, College Boreal and Cambrian College. This year's recipient of the ACT/UCT Cambrian College Bursary is Marc Bibeau and the recipient of the Laurentian University bursary is Chaelin McGuire.

UCT provides funding for those involved in educational programs supporting Intellectual Disabilities. More information and applications are available at uct.org or speak with Loretta for information on any of these programs.

FOR INFORMATION AND EVENTS GO TO
www.act-uct.com

If you don't see colour, you're not on our Email List.



Gold Medalists from House of Kin Curling Bonspeil, from left, Joe Wilcox, Ron Netherton, Mike LePage, Glenn Fowke

Steve Daniel May 14th Guest Speaker

Sergeant (Ret'd) Steve Daniel, of Sudbury, Ontario, served with the 1st and 3rd Battalion, The Royal Canadian Regiment for 14 years and completed four tours of duty including; Croatia, Bosnia x 2, and Afghanistan. Sgt Daniel took off for a routine free fall jump, landed on his tail bone and was paralyzed from the waist down.

Steve adapted to his new condition and underwent several months of rehabilitation. He went back to school and began looking for ways to keep active. Steve was introduced to adaptive sports which enabled him to obtain a basketball wheelchair, and shortly thereafter, his own adaptive rowing equipment. He has won several awards in rowing.

Today, Steve is balancing an active lifestyle in sport with his education and family. He holds a Degree in Physical and Health Education with a concentration in Health Promotion from Laurentian University. He is currently attending medical school at the Northern Ontario School of Medicine with plans to practice family and sports medicine. Steve has retired from competitive rowing but remains active enjoying weight lifting, handcycling and wheelchair curling.

Adopt A Road - John Varney

Adopt A Road will be held on Saturday the 2nd of May. We will meet at 0900hrs at the corner of Power St. and Hwy. 17 W in Copper Cliff on the South East corner. Please wear clothing for work. Gloves, safety vests and garbage bags are supplied. The work takes between 1-1/2 hrs and 2 hrs and we work in teams. It is a fun adventure. Following the cleanup we will meet at the Varney's for burgers and beer. Please call me (John Varney) at 705 674 1060 and let me know if you can help out. A big group makes for a shorter work time.

Other events in May

- May 2 Adopt-A-Road – annual road clean up and bbq – Contact John Varney
- May 7 Lupus – Walk-A-Block –4pm at Tom Davies Square – Contact Brenda Nelson
- May 8 & 9 MS Society Fundraiser - Support our members selling potted plants for the MS Society. You will find them in various locations throughout the city (like the LCBO)
- May 12 Greater Sudbury Chamber Business Exchange – we will have a promotion table at the monthly After-Business event at Ristorante Verdicchio - Enoteca Natura from 5-7pm
- May 14 Annual Pin Night – Holiday Inn– RSVP with Connie
- May 29 -31 Regional Conference – Sherwood Park Alberta. Connie and Len Zwarich will be attending as our delegates. Doug Honeyford will attend as a member of the Regional executive and Jerry Giff will also attend.
- June 4 Annual June Pool Night is scheduled for June 4. Cost is \$20 per person for buffet dinner and pool. This is always a fun event.
- October 5 Our October general meeting will be held on Monday October 5. With October being designated as Lupus Awareness Month, it is our honour to have Dr. Haalandas our guest speaker. Stay-tuned for further details.

With this many activities, the time will pass quickly Mark your calendars and come join us!

April General Meeting *Connie Zwarich*

The April Meeting took place April 2nd at the Trevi. It was called to order at 6:00 pm by President Loretta Carnes. O Canada was sung followed by a toast to the Queen and Country. Chaplain Tracy Urso said grace. All members introduced themselves. There were 21 members and 1 guest in attendance.

Ron Netherton introduced Hugh Kurzell from CARP Canadian Association of Retired Persons, our guest speaker. He spoke of the many services CARP provides – Zoomer magazine, travel discounts, seniors advocacy, support for initiatives such as the PET scanner and presentations about financial issues, elder abuse, heart health and several more. There is no longer a membership age restriction to join.

Doug Honeyford thanked Hugh and presented him with an A.C.T. souvenir pen.

Reports

MS Flower Sale takes place may 7th, 8th and 9th in various location throughout the city. We have several volunteers who are assisting the MS Society with the sale.

May Meeting is scheduled for May 14th at the newly renovated Holiday Inn. Cocktail 5:00 and dinner 6:00. The meeting is open to guests. Cost is \$30.00 per person. Steve Daniel will be our guest speaker.

June's meeting is at Rhythm and Cues June 4th.

Up Coming Events

May 2	Adopt A Road- 9:00 am- Power Street Copper Cliff
May 6	Executive Meeting - 6:00 pm - Trevi
May 7	Lupus – Walk-A-Block - 4pm - Tom Davies Square
May 7-9	MS Flower Sale
May 12	Greater Sudbury Chamber Business Exchange 5:00 pm Ristorante Verdicchio - Enoteca
May 14	Pin Night- 5:30 - Holiday Inn
May 29 - 31	Regional Conference – Sherwood Park Alberta.
June 4	Annual June Pool Night 6:00 pm Rhythm and Cues
June 17	Executive Meeting - 6:00 pm - Trevi
October 5	General Meeting

Our golf tournament is August 8th.

Mike LePage officially resigns as Bingo coordinator. He reiterated that the dress code is black pants white collared shirt with our logo. The shirt is not to be covered with a sweater or scarf. Volunteers are to meet and greet patrons as they arrive if possible. It is recommended that there be 3 volunteers per session.

Adopt A Road is coming in May.

Goodwill

Gil Hartley is doing well and is now able to shuffle around. Dave Carnes' son suffered a major heart attack but is now progressing well.

Membership

Doug Honeyford reported we are now at +1 membership and eligible for the Medal Of Honour.

Scholarship

We offer two \$1000 scholarships. If you have Grandchildren they can qualify if their parents become members.

Roses For The Living

Nomination forms were in the last newsletter. Bert Despres and the committee are meeting soon to choose the candidate. If you have a candidate please let them know as soon as possible.

Meeting was adjourned at 7:35

Sherriff's pot of \$41 was won by Don MacDonell

Where are they now?

In 1988 Brenda Varney graduated from Sudbury secondary school and entered the Marine Biology program at the University of Guelph. Brenda received financial assistance in the form of an A.C.T. bursary that year. Although Brenda was an avid SCUBA diver she had some doubts about moving to an ocean area in a discipline with uncertain employment opportunities. An aptitude test indicated she should pursue a military or police career (much to her surprise).

In 1992 Brenda entered the Law and Justice program at Laurentian University and graduated with honours in 1994. In January of 1995 Brenda began her career with the Ontario Provincial Police. After graduation from the Ontario Police College and O.P.P. Academy she started a four year duration posting in Sioux Lookout, Ontario. Nearing the end of the fourth year Brenda accepted the position of abuse issues co-coordinator for Northwestern Ontario, based at Kenora District headquarters.

While in Kenora, Brenda married Scott Brownlee, a forest fire fighter she had met while in Sioux Lookout. The next year they were blessed with a baby girl Jordan, and decided to move closer to home in spite of the love of Northwestern Ontario that both Brenda and Scott had. Brenda was posted to Scott's home town of Bancroft. Two years later baby Beth arrived.

Never one to be idle Brenda trained on several specialties over the years. She became a coach

officer and mentored several new recruits through their first year on the force. She also qualified as a breathalyzer tech and public order officer among other things. Several years ago Brenda was chosen to train in the road side sobriety specialty in Phoenix, Arizona and with the RCMP in Montreal. Upon completion of this program she began training officers from various forces across the province including Sudbury Regional.

Subsequently she trained with RCMP in London to be an instructor

in this field and presented her first course over a three week period in Jacksonville, Florida.

In 2014 Brenda was promoted to sergeant and works as a shift supervisor at Bancroft detachment.

Brenda is very grateful for the direction the aptitude test led her as she loves her work and thanks A.C.T. for help in getting it all started.

Brenda is the daughter of members Dianne and John Varney and sister Paula joined A.C.T./UCT herself this year.

MAY BIRTHDAYS

May 01	JOAN KOTAN	May 13	EDWARD BEDNIS
May 03	DON DELONGCHAMP	May 13	GORDON WARNER
May 05	FRANK MORASSUTTI	May 14	ROBERT GAUTHIER
May 05	FRED MEDYNSKI	May 15	JOHN LYTLE
May 06	ROLAND CLEMENTS	May 16	J MCCUAIG
May 06	ALBERT KELLY	May 16	T HENNESSY
May 07	NORBERT HAMANN	May 16	ALBERT WIERZBICKI
May 08	SHIRLEY LONG	May 18	FERN LEVESQUE
May 10	GILBERT HARTLEY	May 25	ANTHONY URSO
May 12	GEORGE FAULKNER	May 30	ALISTAIR GANCHER

General Meeting

Usually the first Thursday of Each month
Trevi

Monthly Executive Meeting

Usually the Second Wednesday of
Each month.

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